

# BANGALORE BAPTIST HOSPITAL (A unit of Christian Medical College and Hospital, Vellore)



# CHRISTIAN MEDICAL ASSOCIATION OF INDIA (CMAI)

OFFERS

# **CLINICAL PASTORAL EDUCATION (CPE)**

OF SENATE OF SERAMPORE COLLEGE (UNIVERSITY)

Hebbal, Bengaluru – 560024 P: 080 22024 700 / 327 E-mail: pcd@bbh.org.in www.bbh.org.in



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# Performance

Excel through innovation and progress with Our Values

# **OUR VISION**

Healing and Wholeness in the spirit of Jesus Christ.

# **OUR MISSION**

In the Spirit of Christ we are committed to

- Providing compassionate wholistic care to all with utmost professional excellence
- Developing committed professionals through quality academic and research programmes.
- Keep growing and staying relevant through appropriate governance and innovation.
- Reaching out to the poor and the disadvantaged to improve their quality of life.

# OUR VALUES

We Commit ourselves to the following in fulfilling our mission

Service	Quality service with an attitude of Christian compassion and personalized care.
Honesty dealing in	Adhere to openness, truthfulness, and fair all relationships.
Respect	All people are to be treated as individuals, with courtesy and thoughtfulness. Respect for each person's dignity and worth.
Stewardship	Using our talents and strengths in an effective
and	efficient manner. Maintain facilities and
equipment	with special care and prideinitiative, dedication,
talent	and knowledge tempered by commonsense,
without	compromising on our values.

### **HISTORY OF BANGALORE BAPTIST HOSPITAL**

Bangalore Baptist Hospital is a 340 bed general hospital established in 1973 by the Foreign Mission Board of the Southern Baptist Convention, U.S.A. Since 1989, the hospital has been managed by the Christian Medical College, Vellore.

The primary purpose of the hospital is to provide medical services to all persons regardless of caste, colour, or creed in the Spirit of Jesus Christ. From its inception, the hospital has existed to serve the total person with a goal of providing physical, emotional and spiritual healing. Counseling has been a priority throughout the hospital's history.

The Hospital offers comprehensive health care to both rural and urban populations by providing inpatient and outpatient care, community health services and palliative care

Training of health care workers is another priority. Recognized programmes are conducted to train X-ray technicians, Medical records technicians, Laboratory technicians, Registered dieticians and OT Technicians. Other programmes include postgraduate medical education in the form of DNB training in Obstetrics/Gynaecology, Medicine, Surgery and Paediatrics. Training for the 'Fellowship in Palliative Medicine' is also provided. A School of Nursing was opened in 1996 offering a Certificate in General and B.sc Nursing and Midwifery after three years of training.

Clinical Pastoral Education (CPE) & Diploma in Pastoral Healing Ministry (DPHM) programmes were begun in 1999. The Diploma in Clinical Pastoral Counselling (DCPC) programme was begun in 2003. All these courses are conducted by the Pastoral Care Department of the hospital.

# HISTORY OF PATIENT COUNSELING DEPARTMENT

Since the inception of Bangalore Baptist Hospital, meeting spiritual care of patients and the ministry of Counselling have been priorities. This is indicated by the ten chaplain positions in this 350 bed Hospital.

The chaplains visit every admitted patient daily. They keep literature available in seven languages and use media, such as films and videos, to attract interest. They give pastoral care in many different situations faced by patients and families. In addition to this vital work, the chaplains also minister to the staff

Through Bible studies, chapel services, counselling, retreats and special programmes. There are nine full-time staff chaplains, one of whom serves as CPE / DCPC / DPHM supervisor, an assistant division director and a director comprises the Patient Counseling Division. They, along with the student chaplains, provide 24-hour support for the hospital.

### **CLINICAL PASTORAL EDUCATION**

Clinical Pastoral Education (CPE) was conceived by Dr. Richard C Cabot as a method of learning pastoral practice under supervision in a clinical setting. The Rev. Anton Boisen enlarged the concept to include a case study method of theological inquiry – a study of the person as a "living human document."

As CPE developed, it was expanded by other CPE leaders to integrate into Counseling practice knowledge of medicine, psychology and behavioural sciences. Today many supervisors emphasize the importance of pastoral relationships being formed through an integration of personal history, behavioural theory and method, and spiritual development.

CPE is theological and professional education for ministry. Theological students, ordained ministers, members of religious orders and other qualified persons, minister under supervision to people in crises situations. CPE students are challenged to improve the quality of their pastoral relationships through intense involvement with supervisors, other students, people in crisis and other professionals.

Students are encouraged to develop genuine, caring pastoral relationships through Counseling practice, case studies and verbatims, individual supervision, seminar participation and relevant reading. They can gain understanding and new insights about human situation through viewing complicated life situations from different viewpoints. Theological reflection is important in CPE as pastoral people seek ways to integrate theology with life experiences. Essential elements include an accredited CPE centre, a CPE supervisor to provide pastoral supervision, a small peer and providing pastoral care to people in crisis, detailed pastoral practice reporting, a specific period for learning and an individual learning contract

### AIMS OF CLINICAL PASTORAL EDUCATION

- 1. The Clinical Pastoral Education programme is essentially a post graduate course, which equips people to become more effective in the ministry of pastoral caring
- 2. The course provides pastoral information for ministry development through the supervised practice of ministry in a hospital context, including ministry to patients and their family members, staff, and students.
- 3. The goal is to link a Christian witness with pastoral care giving and counselling in a medical setting.
- 4. The programme will strengthen the healing ministry of Christian congregations in giving care and counselling to persons facing marriage and family disruption, drug and alcohol abuse, AIDS and other infectious diseases, and child and spousal abuse, and various other areas of crises.

# **ELIGIBILITY REQUIREMENTS**

#### **COURSE OBJECTIVES**

- 1. To provide Pastoral care giving opportunities for ministering in a clinical setting to persons facing adverse health experiences and life crises.
- 2. To develop self-awareness and sensitivity as a pastoral caregiver as to how one's attitudes, values and assumptions affect one's care giving skills.
- 3. To understand and use the clinical method of learning in an interdisciplinary team environment.
- 4. To learn how to effectively use biblical, theological and behavioural science resources in pastoral care giving situations.
- 5. To learn how to use individual and group supervision for personal and professional growth and for developing the capacity to evaluate one's effectiveness as a pastoral caregiver.
- 6. To understand the theological issues arise from care giving experiences and to learn from theological reflection and assessment in the practice of pastoral care giving.
- 7. To learn to experience peer-group engagement for the integration of personal attributes and pastoral care.
- 8. To emphasize the centrality of faith in Christ in the context of religious plurality and the spiritual traditions of India.

#### **ELIGIBILITY REQUIREMENTS**

- The candidate should have a Bachelor Degree of a university in any subject, though B.Th ,B.D or M.Th is preferred. An interview will be conducted by the Institution prior to selection.
- 2. The candidate must be able to give a clear account of a personal experience of salvation in Jesus Christ and evidence of growing personal relationship with Him.
- 3. The candidate must be a person of high moral standard and integrity.
- 4. The candidate must be physically fit to complete all course requirements.
- 5. The candidate must have good speaking knowledge of Kannada or Tamil. Speaking knowledge of Hindi is helpful. Candidate must have good speaking and writing knowledge of English.
- 6. The candidate shall not accept any other responsibility other than those assigned by the Centre. The Institution or persons directly responsible to supervise may require a candidate to be in attendance at any time during the practical training.

### **APPLICATION PROCEDURE**

- 1. The application must be submitted on the attached form. All entries should be made by the candidate in his/her own handwriting.
- The duly completed application form must be sent to: Supervisor, CPE / DCPC / DPHM, Bangalore Baptist Hospital, Hebbal, Bangalore - 560 024
- 3. The last date for receiving completed application forms is mentioned later. Applications received after this date will not be considered
- 4. The application must be accompanied by the following documents, either certified or Photostat copies of:
  - a. Secondary School Leaving Certificate and marks card.
  - b. Bachelor of Theology or Bachelor of Divinity degree or its equivalent certificate and marks cards or M.Div degree certificate of ATA and marks card or certificate of Bachelor Degree of a University and Marks cards.
  - c. Two character testimonials one from the head of the theological / secular institution where the candidate studied, and the other from the pastor of the local church where the candidate is a member.
  - d. Certificates relating to further studies, work experience, professional or specialized training, if any.
  - e. Medical certificate of fitness
  - f. Two recent black-and-white or colour photographs, 5x4cm & one Stamp size
  - g. Bond agreement if sponsored.
  - h. Work experience certificate if applicable.
  - i. All the documents (Attested true copies must be enclosed)

# ATTACHMENTS TO APPLICATION

- A reasonably full account of your life, including details of family of origin, important events, relationships with people who have been significant to you, and the impact these events and relationships have had on your development.
- 2. A statement of the development of your religious life, including events and relationships that affected your faith and your belief system.
- 3. A brief description of your work (vocation) history, including a chronological list of positions and dates. If you have had previous chaplaincy training, include this information in essay form.
- 4. An account of an incident in which you were called to help someone including the nature of the request, your assessment of the "problem," what you did, and a summary evaluation.
- 5. Your impressions of the Diploma in Clinical Pastoral Counselling and your educational goals, including how this training will be used to meet your goals for doing ministry.

#### METHOD OF SELECTION

- In addition to application data (above), selection is based on a preadmission test and interview at Bangalore Baptist Hospital with a Selection Committee composed of the Hospital Director, Deputy Director, Administrator, IMB Consultant, CPE / DCPC / DPHM Supervisor, Division Head and Assistant Division Head of The Pastoral Care Department.
- Candidates may be sponsored by the Indian Baptist Society, other mission hospitals or churches. Sponsorship is a privilege and will receive special consideration during the selection process. Sponsorship does not guarantee admission. A bond agreement between the candidate and the sponsoring body is required.

### **COURSE OF STUDY**

#### LENGTH

Each unit of Clinical Pastoral Education is three months in duration.

lst Batch	- 15th July 2021 to 15th Oct 2021
2nd Batch	- 15th Nov 2021 to 15th Jan 2022.
3rd Batch	- 17th Jan 2022 to 15th April 2022

#### METHOD

This practical hands-on programme is a method of doing spiritual ministry at the bedside. In addition to formal courses and seminars, clinical work involves systematic patient visitation under supervision. Students learn to reflect on specific human situations and gain a new understanding of pastoral care giving.

Students also conduct Bible studies; plan and lead retreats, lead worship services, preach and present verbatim reports of patient conversations. The peer group and individual counselling sessions are the primary focus for learning, reflection, confrontation, clarification, support and fellowship.

### REQUIREMENTS

#### **1. Learning Procedures:**

- a. Christian pastoral care visitation in the hospital with patients, families and staff
- b. Weekly individual supervision, with verbatim of pastoral work.
- c. Weekly seminars and lectures.
- d. Weekly peer group, non-agenda meetings.
- e. Periodic group supervision of pastoral work
- f. Book and didactic reports
- g. Research project
- h. Community health and palliative care experiences

#### 2. Clinical Assignments:

- a. The CPE / DCPC / DPHM supervisor, in consultation with the Assistant Head of the Pastoral Care Division, will assign each student patients in a specific area of the hospital. The student will be expected to perform his/ her responsibilities in a manner which reflects the goals and purposes of the Pastoral Care Division
- b. The student's involvement in ministry to persons forms the basis for his/her supervised learning experience.
- c. Each student is accountable for cooperating and communicating with the Staff Chaplain who manages the delivery of pastoral care in those areas to which he/she is assigned.
- d. Each student will be assigned night duty on a rotating basis.

#### 3. Individual Supervision:

- a. Each student will have at least one hour of individual supervision in conference with his/her assigned supervisor.
- b. One verbatim report per week will be submitted prior to supervision conference, due at a time negotiated with the student's assigned supervisor.
- c. Verbatim materials will provide the focus for the individual supervision conference; therefore, verbatim reports are a prerequisite for the conference.

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# SCHOLARSHIPS

Scholarships may be available from Bangalore Baptist Hospital for eligible and deserving students, as per the decision of the scholarship committee.

# ATTENDANCE POLICY

- 1. All students shall maintain a minimum of 90% attendance.
- 2. In the case of illness or for any other unavoidable cause for absence, a student may be excused from attendance on application to the CPE Supervisor.
- 3. Any absence or lesser attendance, as per institution requirement, should be made up under the direction of the CPE Supervisor. The granting of an exemption from class or clinical practice does not imply exemption from or concessions relating to examinations.
- 4. Students must not be employed elsewhere in any capacity during their training period
- 5. Punctuality must be strictly observed.

# **LEAVE POLICY**

Students are entitled to the following leave:

National Holidays -10 days as set by the hospital management

Students are not entitled to any compensatory time off. In the event of illness, the student must report to the staff clinic. If deemed necessary, they may be given sick leave, which must be adjusted with the leave schedule given above.

# ACCOMMODATION AND FOOD

- 1. The Bangalore Baptist Hospital will provide shared accommodation for selected candidates only. This is dependent on availability of accommodation.
- 2. If the student prefers to come with the family, they need to find accommodation outside the campus.
- 3. Either the student or the sponsoring agency must meet all expenses incurred for board and lodging as per rules and regulations of the hostel.
- 4. All students shall strictly adhere to the hostel rules.
- 5. Rooms are provided with furniture but not bedding.

# **MEDICAL CARE**

Students undergo a physical examination on admission to the course. Medical care is available in the hospital during illness and the cost is to be borne by the student.

# COURSE WITHDRAWAL

- If a student withdraws from the course within fifteen days from the date of admission, one-third of the total amount paid at the time of admission will be forfeited.
- 2. After fifteen days, the entire amount paid at the time of admission will be forfeited.
- 3. A student who is dismissed from the course due to unsatisfactory conduct or standard of work will not be eligible for any refund of fees.

# STUDENT DISCIPLINE

- 1. All students are expected to maintain discipline and high standards of moral character.
- 2. Disciplinary action will be taken if any student is found negligent while on duty.
- 3. A student who continues to violate the rules of the hospital or hostel after a warning has been issued is liable to be dismissed. He/she will be required to pay a fine and charges as fixed by hospital management.
- 4. A student may be dismissed immediately for any offence that is of serious nature.
- 5. Students are required to wear formal dresses according to the dress code of the institution.

Men - Formal shirts, Pants and Shoes (No Jeans or T-Shirts)Ladies - Sarees / Salwars

:Rs.2500/-

# **CPE FEES:**

Course Fees

Hostel Fee (approximately Rs.1350/- per month) and mess fee (approximately Rs.2400/per month) are charged separately.



